

when research protocols are designed. Clinical research is a team effort of multidisciplinary experts and appropriate end-points must be carefully chosen with adequate balance between benefits and risks for trial subjects. International large scale conclusive multicenter trials are necessary to detect small but medically important differences. Statistical methodology is essential to ensure ethics in cancer clinical trials and the involvement of statisticians should be promoted for all ethical reviews to avoid ill conceived trials being approved. It is also counterproductive to require ethical review from each individual institution. Rapid protocol review and activation is essential for early dissemination of breakthrough therapeutic advances. The French system with a central review facilitates activation of trials and should be considered for other E.U. countries. Specific guidelines should be developed on the European level for ethical review dedicated to oncology.

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POSTER

#### COULD ANTINEOPLASTIC THERAPY INTEGRATE PALLIATIVE CARE FOR SYMPTOM RELIEF IN ADVANCED/REFRACTORY CANCER PATIENTS?

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**Purpose:** 1) to offer continuity of care and in- and outpatients services to far-advanced end stage cancer patients, bridged by double employment of the same oncology/palliative care physicians and nurses; 2) to integrate a patient-tailored anticancer treatment to supportive and palliative care for relieving disease-related distressing symptoms on account of patients' expressed needs and wishes.

**Patients:** 86 patients suffering from active, progressive far-advanced cancer: refractory NHL: 7; AIDS-related-NHL: 1; CML in blast crisis: 3; elderly AML patients with resistant disease: 9; lung: 18; gastrointestinal: 23; renal: 1; urinary tract: 6; head and neck: 4; metastatic breast: 2; ovarian carcinomatosis: 7; melanoma: 1; unknown primary: 4.

**Methods:** 1) **Different options for setting** were offered by the same multidisciplinary team: 1) traditional hospital setting; 2) continuous home-care; 3) hospitalization at home. 2) **Anticancer chemotherapy:** low dose reduced-toxicity different regimens have been proposed to patients with chemoresponsive tumour with the only objective of the symptoms relief. Adequate supportive therapy, transfusional and antimicrobial, has been provided to hematological pts at home. 3) **Palliative medicine** was given to all the patients for the control of symptoms and for terminal illness, both in hospital and at home.

**Results:** 55 patients (62%) agreed to receive palliative chemotherapy (38 in hospital, 17 at home). A symptomatic response rate of 64% has been achieved. Patients receiving no anticancer treatment experienced comparable symptoms but a higher grade of distress (in one or more of the items of Symptom Distress Scale) to those patients who were on palliative chemotherapy. In our opinion the value of symptomatic response achieved with chemotherapy should not be decried and a more close integration between oncologists and palliative care teams could prove fair for patients.

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POSTER

#### LOCAL TUMOR CONTROL WITH MICROWAVE HYPERTHERMIA (MWHT) IN ADVANCED TUMOR DISEASE

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Local tumor control is considered worthwhile in patients with advanced malignant disease to improve quality of life, though there is no effect on survival. MWHT in combination with radiotherapy or chemotherapy is able to improve remission rates of radiation and chemotherapy alone significantly. Between August 1990 and March 1995 we treated 31 patients with MWHT (tumor temp, higher than 41.5 dgr. C for 1 hour in 4 to 8 treatment sessions) additional to radiation or chemotherapy. Recurrent malignant melanoma (18), locoregional recurrence of breast cancer (5), pelvic recurrence of rectal cancer (6) and recurrent retroperitoneal sarcoma (2) were the indications. The rate of complete local response was 45%, partial remission we saw in 42%, no change in 13%. The rate of treatment related side effects was low and we can conclude that MWHT in combination with radiation or chemotherapy is an effective and safe treatment for local control of advanced malignant disease.

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POSTER

#### MULTISTAGE CARCINOGENESIS ANALYZED FROM CANCER INCIDENCE RATES

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Carcinogenesis is a multistage process driven by genetic damage and epigenetic changes. The classic view of two-stage carcinogenesis, in which tumor initiation (mutation) is followed by tumor promotion (epigenetic changes), has been conceptually important but is too simplistic. There may be six or more independent mutational events. Average annual age-specific cancer incidence rates from 1981 to 1985 reported by the SEER program are analyzed, and interpreted in accordance with a mathematical model which takes into consideration the number of events needed for tumor generation (n) and annual probability of occurrence of that event (p). Basically, cancer incidence rates are equated in terms of time as  $(1-(1-p)^t)^n$ . A genetic algorithm is used to find the minimum sum of squares. Overall, 4 to 8 events occur with an annual probability of 0.006 to 0.01. Specific data by site will be presented in tabular and graphical form.

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POSTER

#### ONCE A DAY (I.E. 24 HOURLY) KAPANOL™, A NEW SUSTAINED RELEASE MORPHINE FORMULATION, IN THE TREATMENT OF CANCER PAIN: MORPHINE METABOLITE PROFILES

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The role of the morphine metabolites, morphine-3-glucuronide (M3G) and morphine-6-glucuronide (M6G) in the analgesia observed following morphine administration is controversial. There is greater acceptance of the analgesic role ascribed to M6G while M3G is alternatively considered to be inactive or result in functional antagonism. Kapanol™/Kadian™ (Glaxo/Faulding) is a new sustained release morphine formulation consisting of polymer coated pellets in a capsule. Twenty-four patients completed a randomized, double-blind, two period, crossover study comparing 24 hourly Kapanol to 12 hourly MS Contin. The morphine metabolite profile was determined in a randomly selected subset of those patients (n = 8). The Cmax, Cmin, AUC, time that the plasma morphine concentration was  $\geq 0.75$  Cmax (for that metabolite) and fluctuations in plasma morphine concentrations were not significantly different ( $P > 0.05$ , repeated measures ANOVA) between the two formulations for either metabolite. However, the Tmax for both M6G ( $P < 0.001$ ) and M3G ( $P < 0.05$ ) was significantly longer following Kapanol administration compared to MS Contin. We conclude that the plasma metabolite profiles are very similar to the respective morphine profiles. Therefore, the release characteristics of morphine from the formulation has a major influence on the morphine metabolite profiles.

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POSTER

#### COCHRANE CANCER NETWORK

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The Cochrane Collaboration was founded in 1992 to prepare, maintain and disseminate systematic reviews of all forms of health care and to establish a reliable register of randomized controlled trials (RCTs). Since then the Collaboration has grown rapidly. The first edition of the database of systematic reviews was released earlier this year and the number of RCTs that can be easily identified within Medline has been doubled. Although cancer has a long history of RCTs and of quantitative systematic reviews (meta-analyses), many unresolved questions concerning its prevention, diagnosis and treatment remain. A Cochrane Cancer Network is being set up, therefore, to encourage the conduct of systematic reviews and to coordinate their input to this important initiative. The Network will provide a framework for convening exploratory meetings of people interested in forming collaborative review groups to tackle particular aspects of cancer care. Such international groups should contain members from a variety of disciplines and must be willing to collaborate in the preparation and updating of systematic reviews of all relevant trials which fall within the agreed scope of that group. The Network will help and encourage the training of both writers and users of systematic reviews, including providing guidance for reviewers who

wish to use individual patient data. This is a very important project, whose aim is to prepare and make widely available the most reliable evidence currently obtainable on all aspects of the care of cancer. It will need the cooperation and collaboration of many groups and individuals worldwide and we look forward to being contacted by anyone who would like more information about this major collaborative effort or who would like to participate, either by working on a systematic review; by helping with the process of finding trials; or by providing other support to the Network.

886 POSTER  
**PALLIATIVE EFFECTIVENESS OF RADIATION THERAPY IN THE TREATMENT OF SUPERIOR VENA CAVA SYNDROME**

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A study was made of 34 patients concerning the palliation effect of radiation therapy in the treatment of superior vena cava syndrome (SVC3). They were seen between 1986–1993, at the department of Radiotherapy in Middelheim General Hospital Antwerp. All patients had a syndrome of superior vena cava obstruction secondary to malignancy. The histologic diagnosis delivered an equal distribution of small cell carcinoma (SCLC) and non-small cell carcinoma (NSCLC). All patients with a small cell carcinoma received chemotherapy as initial treatment, but they didn't respond, relapsed or became evolutive during treatment. Each treatment was started with rapid-high dose irradiation, to continue after re-evaluation with rapid high-dose in case of a less good response or with the conventional fractionation of 200 cGy daily in patients with a good relief of symptoms. The initial rapid-high dose schedules depended on the performance status of the patients. Seventy-six percent of the patients with non-small cell lung carcinoma showed a good relief of their symptoms. It was very unexpected but the major part of NSCLC responded more quickly than SCLC, within 3 days after initiating treatment. In SCLC, 94% of the patients responded and this until death. The palliation index which is defined as the ratio of the symptom free period on the total survival and should be 1 in ideal circumstances, was 0.60 in case of NSCLC and 0.95 in case of SCLC. In this last group death was mainly due to disease progression in distant sites. <500>

887 POSTER  
**PROSTHESIS FOR THE TREATMENT OF METASTATIC BONE DISEASE OF THE HIP: EFFECTS OF RADIOTHERAPY**

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Twenty-eight patients with metastatic involvement of the proximal femur were treated by resection and prosthetic replacement. A large femoral prosthetic component was routinely fixed with polymethyl-metacrylate bone cement. Radiotherapy was delivered preoperatively in 2 and post-operatively in 7 patients. Postoperative pain (Habermann) was excellent in 81% and good in 15% of the patients. Hip functions (hip rating scale of Merle d'Aubigné) were rated as excellent in 19%, very good in 22% and good in 22% of the hips. Survival correlated with preoperative Karnofsky performance status ( $P < 0.01$ ) and with the absence of postoperative pulmonary complications ( $P < 0.01$ ). The radiographs of the 18 patients surviving 3 months or longer showed formation of a new bony envelope around the femoral prosthetic component in 11 cases (61%) and bone remodelling of the distal femur in 12 cases (67%). These changes occurred only if no radiotherapy had been delivered to the femur ( $P < 0.01$ ).

888 POSTER  
**NEBULIZED OPIOIDS FOR BREATHLESSNESS IN CANCER PATIENTS: A CHART REVIEW**

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**Purpose:** The following is a retrospective chart review undertaken on cancer patients to assess the safety and efficacy of nebulized opioids for the treatment of breathlessness. **Patients and Methods:** Charts reviewed included patients over the eighteen month period. Forty patients were treated with nebulized opioids and subjective data was compiled. **Results:** Eleven patients received less than 3 doses. The treatment was

found to be effective, safe and convenient for 86% of the remaining twenty-nine patients. A feeling of claustrophobia while wearing the mask was found to be a major reason given for discontinuing treatment.

**Conclusion:** Nebulized opioids have been demonstrated as a treatment modality which is effective and safe for management of dyspnea in patients with terminal cancer. It was also found to be feasible for self-administration by the patient at home.

889 POSTER  
**INTRA-ARTERIAL CHEMOTHERAPY IN PATIENTS WITH LOCALLY ADVANCED PANCREATIC CANCER**

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From 8/1989–2/1995 22 patients (13-male, 9-female) with locally advanced pancreatic cancer received palliative intra-arterial chemotherapy (IAC). 20/22 patients had primary surgery, 6/22 pts. were pretreated with systemic 5-FU. All patients were suffering from inoperable local tumor or metastatic disease at the time of IAC.

Using the Seldinger technique and digital subtraction angiography the catheter was placed with its tip in the celiac axis. A total of 54 treatment courses has been performed (2.5 courses/patient). The chemotherapeutic regimen consisted of Mitomycin at 14 mg/m<sup>2</sup> over 2 hours, Cisplatin at 50 mg/m<sup>2</sup> over 4 hours, Folinic acid at 120 mg/m<sup>2</sup> and 5-FU at 2.0 g/m<sup>2</sup> over 20 hours.

**Results:** A PR was achieved in 4/22 pts. (18.2%), NC in 8/22 pts. (36.4%). 45.4% of the patients showed PD. The estimated mean progression-free survival time (Kaplan-Meier) for local disease was 11.6 months (4/12 pts. censored)—18.4 months for PR and 6.7 months for NC. The estimated mean survival time after IAC was 6.9 months (1/22 pts. censored)—22.9 months for PR, 5.7 months for NC and 3.6 months for PD.

Side effects were well tolerated: only moderate myelosuppression and gastrointestinal toxicity. There was only one patient with Grade III thrombopenia/leucopenia and 4 patients with Grade III or IV vomiting.

890 POSTER  
**SIGNIFICANCE OF PALLIATIVE RADIOTHERAPY OF THE METASTATIC BRAIN TUMORS**

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**The aims of this study:** To evaluate the radiation and combined treatment results of 167 patients with brain metastases: to determine the quality of life.

**Methods:** Whole brain irradiation of 40 Gy in 20 fractions and total-differential irradiation (20 Gy boost) was applied. Surgery has been performed in 49 (29.3%) patients with single lesion. The quality of life was scored according KPS, WHO status, and a neurological examination was performed.

**Results:** Management with steroids alone extends the median survival time to 1.67 mos. The overall length of survival was significantly longer in radiotherapy group (median, 8.77 mos., Mantel-Cox  $P = 0.01$ ). Median survival was 10.47 mos. in the surgery + radiation group (Breslow  $P < 0.004$ ). Analysis showed that radiotherapy was associated with a better quality of life ( $P < 0.01$ ).

891 POSTER  
**PALLIATIVE CHEMOTHERAPY FOR MELANOMA PATIENTS: INVERSE RELATIONSHIP BETWEEN TUMOR LOAD AND TREATMENT EFFECTIVENESS**

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Patients (P) selected for phase II trials differ subst. from those who need pall. treatment for sympt. disease. A low PS due to high tumor load is inversely related to ORR. Expectations from the publ. efficacy of any part. treatment are hardly ever met in daily clin. routine, side effects are underestimated and the psych. benefit for the desperate P hardly out-ways the discomfort afflicted by the necessary med. surveillance. In P with dissem. melanoma improvement of 'time without symptoms and toxicity' by system. chemother. still is the exception. This was demonstrated by a multicenter trial of the EORTC, undertaken to confirm the except. high ORR of some 45% reported earlier with FOTEMUSTINE. The ORR in 98 highly selected eligible P was 12% (17% DS), thus sign.